Q1 Consent to Participate in a Research Study - Vrije Universiteit Amsterdam

Q1 《实验研究知情同意书》——荷兰阿姆斯特丹自由大学；清华大学

TITLE OF STUDY: Relationship between temperature and social behavior

**研究的标题：**温度和社会行为之间的关系

PRINCIPAL INVESTIGATOR:  Dr. Hans IJzerman, Vrije Universiteit Amsterdam; Marjolein Missler, Tilburg University/Vrije Universiteit Amsterdam

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WHAT IS THE PURPOSE OF THIS STUDY?  The purpose of this study is to investigate the relationship between social behavior and core temperature.

**这个研究的目的是什么？**该研究的目的是调查社会行为和核心温度（即身体器官内部温度）的关系。

HOW LONG WILL IT LAST? The average time that a participant spends on this study is aproximately 30 minutes.

**它将会持续多久？**一个参与者在这个研究中平均花费的时间大约是30分钟。

WHAT WILL I BE ASKED TO DO? You will be asked to answer a number of questions about your social life. In addition, we will ask you to measure your own (oral) temperature with a(n) (oral) thermometer. In order to take part in this study, you will have to have 1) an oral thermometer, 2) pen and paper, and 3) a smartphone, so you can take a picture of the oral thermometer and today’s date. Our study will conclude with basic demographic questions. Please note that before starting this study, you should not have had anything hot or cold in your mouth for approximately 10 minutes, and you should not have engaged in physical exercise for about 60 minutes. This study can only be started between 9 and 11 am in your timezone.

**我会被要求做什么？**你需要回答一些关于你自己社交生活的问题。此外，我们会需要你用一个（口腔）温度计测量你自己的口腔体温。要参加这个研究，你必须要有（1）一个口腔温度计、（2）一支笔和两张纸、（3）一部智能手机，这样你可以给温度计和当天日期拍一张照片。研究的最后是一些基本的人口统计学问题。请注意，在实验开始前，大约10分钟内，你不能在嘴里放入任何热或冷的东西，且在实验前约60分钟内，你不能参加体育锻炼。本研究只能在你所在时区的上午9点到11点之间进行。

WHAT ARE THE POSSIBLE RISKS AND DISCOMFORTS? There are no foreseeable risks other than possible discomfort in answering personal questions.

**潜在的风险和不适是什么？**没有可预见的风险，除了在回答个人问题时有可能的不舒服感。

DO I HAVE TO TAKE PART IN THE STUDY?  Your participation in this research is voluntary. If you decide to participate in the study, you may withdraw your consent and stop participating at any time without penalty or loss of benefits to which you are otherwise entitled.

**我必须参加这个研究吗？**你在这项研究中的参与是自愿的。如果你决定参加本研究，你可以收回你的同意书，可以在任何时候停止参与，不会有罚金也不会损失你已经获得的任何利益。

WHAT WILL IT COST ME TO PARTICIPATE?  There are no costs to participate in this research.

**我参与该实验会有什么代价？**参与该实验没有任何花销。

WHO WILL SEE THE INFORMATION THAT I GIVE? We will keep private all research records that identify you, to the extent allowed by law. Your information will be combined with information from other people taking part in the study. When we write about the study to share it with other researchers, we will write – and may publish - about the combined information we have gathered. This means that you will not be identified in these written materials.

**谁会看到我提供的信息？**在法律允许的范围内，我们将对所有能够识别出你身份的信息进行保密。你的信息会与本实验其他参与者的信息结合起来。当我们就此研究进行来与其他研究者分享时，我们会写出（有可能会发表）我们收集到的整体信息。这意味着你不会在这些写作的材料中被识别出来**。**

WILL I RECEIVE ANY COMPENSATION FOR TAKING PART IN THIS STUDY? There is $3.50 compensation in return for completing this survey.

**参与该研究我会收到任何报酬吗？**完成该调查会有20元人民币的报酬作为回报**（口腔温度计由实验员提供）。**

WHAT IF I HAVE QUESTIONS?  If you have questions about the study, you can contact the principle investigator, Dr. Hans IJzerman (h.ijzerman@vu.nl).

**如果我有问题怎么办？**如果你有关于这项研究的问题，你可以联系首要研究者，Dr. Hans IJzerman ([h.ijzerman@vu.nl](mailto:h.ijzerman@vu.nl))或胡传鹏（[hcp4715@163.com](mailto:hcp4715@163.com)）。

WHAT ELSE DO I NEED TO KNOW?  By continuing to the next page, you express consent, indicating that you have read the information stated and willingly sign this consent form

**我还需要知道什么？**继续到下一页，表示你的同意，表明你已经阅读上述信息并且愿意签署这份同意书。

Q91 Before you start: – maximize your browser window; – switch off phone/e-mail/music & anything else distracting.

Q91 在你开始之前：最大化你的浏览窗口；关掉手机/邮箱/音乐盒，及其他任何分心的东西。

Q3 Please have an oral thermometer, paper and pencil, and a (charged) smartphone ready. Furthermore, you should have not had anything hot or cold in your mouth for the past ten minutes. If you did, please wait on this page for about 10 minutes. If you exercised within the last 60 minutes, you cannot participate. Finally, time of starting should be between 9 and 11 am in your location. If you meet all criteria, please proceed to the next page.

Pleases note that we will ask you to measure temperature twice, so please do not place any hot or cold substances in your mouth after the first measurement.

Q3 准备好一个口腔温度计，两张空白的纸，一支笔，和一部智能手机（有足够电量拍照）。另外，此前10分钟内，你不应该在嘴里放入过任何热的或冷的东西。如果你放过，请在这一页上等大概10分钟。如果此前60分钟内你有过体育锻炼，则不能参加。最后，根据你所在地理位置和时区，此时应该介于上午9点到上午11点。如果你符合所有的条件，请继续到下一页。

请注意我们会要求你测两次温度，所以在第一次测量之后，请不要在你嘴里放任何热的或冷的东西。

Please follow these instructions to take your temperature:

- Make sure your phone is ready to take a picture

- Grab a piece of paper, and write a note. On the note, please write today's date, and "#1" (to indicate your first measurement)

- Take the thermometer out of the holder

- If it has not been covered, please clean the pointed end with soap and warm water and rinse off with cool water

- With your mouth open, put the covered tip under your tongue

- Close your lips gently around the thermometer

- Keep it under your tongue until the thermometer is ready measuring

- Read the temperature and take a picture of the thermometer and your written note

- Upload the picture below (write down your temperature as well; we will ask you to fill it in on the next screen)

Q5

请遵循这些指示来测量你的体温：

确保你的手机已经准备好拍照

拿出一张纸做一次记录。在这个记录中，请写上今天的日期和“#1”（表明这是你的第一次测量）

将温度计从容器中取出

如果它的包装不完好，请先用肥皂和热水清洁其尖头，并用冷水冲刷掉（保持其清洁与卫生）

（如果使用水银温度计，请将温度计的计度数甩到35度以下）

张开嘴时，把温度计尖端放到你舌头下面靠后处

轻轻闭上嘴唇包住温度计（如果使用水银温度计，牙齿不要用力咬住温度计）

保持它在你舌头下方直到温度计测量好（至少3分钟，5分钟最佳）

读出体温计，并给温度计和你的手写记录拍一张照片

在下面上传照片（也写下你的温度；我们会要求你在下一个屏幕上填写它）

Q7 What was your core temperature?

Q7 你的核心温度（即口腔温度）是多少？

Q8 What was your scale of measurement?

* Celsius
* Fahrenheit

Q8 你测量的标准是什么？

* 摄氏度
* 华摄氏度

Q10 The first few questions will concern your social network.  This questionnaire is concerned with how many people you see or talk to on a regular basis including family, friends, workmates, neighbors, et cetera.  Please read and answer each question carefully.  Answer follow-up questions where appropriate. Which of the following best describes your marital status?

* Currently married & living together, or living with someone in marital-like relationship
* Never married & never lived with someone in a marital-like relationship
* Separated
* Divorced or formerly lived with someone in a marital-like relationship
* Widowed

Q10 开始的几个问题是有关你的社交网络。这个问卷涉及到你经常会见到多少人或与多少人谈话，包括家人、朋友、同事、邻居等等。请认真阅读并回答每一个问题。在必要的地方，回答后续关联的问题。

下面哪一个最好地描述你的婚姻状况？

* 现在已婚并且与配偶生活在一起，或与其他人以类似于婚姻的关系生活在一起。
* 从未结婚&从未与其他人以类似于婚姻的关系生活在一起
* 分居
* 离异或者以前与其他人以类似于婚姻的关系生活在一起
* 丧偶

Q11 How many children do you have?

Q11 你有几个孩子？

* 0
* 1
* 2
* 3
* 4
* 5
* 6
* 7（或者更多）

Q12 How many of your children do you see or talk to on the phone at least once every 2 weeks?

Q12你每两周至少见面或在电话上交谈一次的孩子有几个？

* 0
* 1
* 2
* 3
* 4
* 5
* 6
* 7（或者更多）

Q13 Are either of your parents living?

* neither
* mother only
* father only
* both

Q13 你的父母亲都在世吗？

* 都不在世
* 只有母亲
* 只有父亲
* 都在世

Q14  Do you see or talk on the phone to either of your parents at least once every 2 weeks?

* neither
* mother only
* father only
* both

Q14 你和你双亲中任何一个每两周至少见面或在电话上交谈一次吗？

* 两个都不
* 只有母亲
* 只有父亲
* 两个都

Q15 Are either of your in-laws (or partner’s parents) living?

* neither
* mother only
* father only
* both
* not applicable

Q15 你的岳父母（配偶的父母）都在世吗？

* 都不在世
* 只有岳母
* 只有岳父
* 都在世
* 不适用

Q16 Do you see or talk on the phone to either of your partner’s parents at least once every 2 weeks?

* neither
* mother only
* father only
* both

Q16 你和你岳父岳母中任何一个每两周至少见面或在电话上交谈一次吗？

* 两个都不
* 只有岳母
* 只有岳父
* 两个都

How many other relatives (other than your spouse, parents & children) do you feel close to?

Q17 有多少其他你感到亲近的亲人（除了你的配偶，父母和孩子）？

* 0
* 1
* 2
* 3
* 4
* 5
* 6
* 7（或者更多）

How many of these relatives do you see or talk to on the phone at least once every 2 weeks?

Q18这些亲戚中，你每两周至少一次见到或在电话上交谈的有几个？

* 0
* 1
* 2
* 3
* 4
* 5
* 6
* 7（或者更多）

How many close friends do you have?  (meaning people that you feel at ease with, can talk to about private matters, and can call on for help)

Q19你有多少亲密的朋友？（意思是你可以与其轻松相处，可以谈论私密的事，也可以打电话寻求帮助的人）

* 0
* 1
* 2
* 3
* 4
* 5
* 6
* 7（或者更多）

Q20 How many of these friends do you see or talk to at least once every 2 weeks?

Q20这些朋友中，你每两周至少一次见到或在电话上交谈的有几个？

* 0
* 1
* 2
* 3
* 4
* 5
* 6
* 7（或者更多）

Q21 Do you belong to a church, temple, or other religious group?

Q21你是否属于某一个教堂，寺院或者其他宗教团体？

* 否
* 是

Q22 How many members of your church or religious group do you talk to at least once every 2 weeks? (This includes at group meetings and services.)

Q22你每两周至少与其交谈一次的教友或者宗教团体成员有几个？（这包括在团体聚会和服务）

* 0
* 1
* 2
* 3
* 4
* 5
* 6
* 7（或者更多）

Q23 Do you attend any classes (school, university, technical training, or adult education) on a regular basis?

Q23你是否经常参加任何课程（学校，大学，技术培训，或成人教育）？

* 否
* 是

Q24 How many fellow students or teachers do you talk to at least once every 2 weeks? (This includes at class meetings.)

Q24 你每两周至少与其交谈一次的同学或老师有几个？（包括在课程会面中）

* 0
* 1
* 2
* 3
* 4
* 5
* 6
* 7（或者更多）

Q25 Are you currently employed either full or part-time?

* no
* yes, self-employed
* yes, employed by others

Q25 你现在是否兼职或全职工作？

* 不
* 是，不受雇于他人
* 是，受雇于他人

Q26 How many people do you supervise?

Q26 你领导几个人？

* 0
* 1
* 2
* 3
* 4
* 5
* 6
* 7（或者更多）

Q27 How many people at work (other than those you supervise) do you talk to at least once every 2 weeks?

Q27 工作中你每两周至少与其交谈一次的人（除了你所领导的人外）有几个？

* 0
* 1
* 2
* 3
* 4
* 5
* 6
* 7（或者更多）

Q28 How many of your neighbors do you visit or talk to at least once every 2 weeks?

Q28 你每两周至少拜访或与交谈一次的邻居有几个？

* 0
* 1
* 2
* 3
* 4
* 5
* 6
* 7（或者更多）

Q29 Are you currently involved in regular volunteer work?

Q29你现在正在参与定期组织的志愿者活动吗？

* 是
* 否

Q30 How many people involved in this volunteer work do you talk to about volunteering-related issues at least once every 2 weeks?

Q30 在这个志愿者活动中，你与多少人就志愿相关事宜每两周交谈至少一次？

* 0
* 1
* 2
* 3
* 4
* 5
* 6
* 7（或者更多）

Q31 Do you belong to any groups in which you talk to one or more members of the group about group-related issues at least once every 2 weeks?  Examples include social clubs, recreational groups, trade unions, commercial groups, professional organizations, groups concerned with children like the PTA or Boy Scouts, groups concerned with community service, et cetera.

* no
* yes

Q31 你是否属于任何团体？在这个团体中你与该团体一个或更多成员每两周至少关于团体相关事宜交谈一次，例如社会俱乐部，娱乐团体，贸易工会，商业团体，职业组织，与孩子有关的团体，像家庭教师协会或者童子军，与社区服务有关的团体等等。

* 是
* 否

Q33 Consider those groups in which you talk to a fellow group member at least once every 2 weeks.  Please provide the following information for each such group: the name or type of group and the total number of members in that group that you talk to at least once every 2 weeks.

Q33 想想那些你每两周至少一次与团队成员交谈的团体。请提供关于每一个这样团体的如下信息：名称或者团体类型以及在该团体中你每两周至少交谈一次的成员总数。

|  |  |  |
| --- | --- | --- |
|  | 团体名称 | 你每两周至少交谈一次的人有多少？  在下面填入数字  同样从0到7（或者更多） |
|  | 回答1 | 回答1 |
| 团体1 |  |  |
| 团体2 |  |  |
| 团体3 |  |  |
| 团体4 |  |  |
| 团体5 |  |  |

Q43 We will now ask you some things about yourself. Using the scale provided, please indicate how much each of the following statements reflects how you typically are (from "Not at all" on one end to "Very Much" on the other end).

Q43 我们将会问一些关于你自己的事情。使用给定的标尺，请指出以下每一个陈述在多大程度上反映了你通常的情况？（从“一点也不”的一端到 “非常”的一端）。

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | 一点儿也不（1） | （2） | （3） | （4） | 非常（5） |
| I am good at resisting temptation  我善于抵抗各种诱惑 |  |  |  |  |  |
| I have a hard time breaking bad habits  改掉坏习惯总是让我很痛苦 |  |  |  |  |  |
| I am lazy  我是一个懒惰的人 |  |  |  |  |  |
| I say inappropriate things  我常常话不得体 |  |  |  |  |  |
| I do certain things that are bad for me, if they are fun  只要是我觉得好玩的事情，就算对我有害也照做不误 |  |  |  |  |  |
| I refuse things that are bad for me  我会拒绝对我不好的事情 |  |  |  |  |  |
| I wish I had more self-discipline  我希望自己能更加自律 |  |  |  |  |  |
| People would say that I have iron self- discipline  别人都说我严于律已 |  |  |  |  |  |
| Pleasure and fun sometimes keep me from getting work done  玩乐有时会影响我的工作进度 |  |  |  |  |  |
| I have trouble concentrating  我不容易集中精神 |  |  |  |  |  |
| I am able to work effectively toward long-term goals  我可以为了长远的目标而有效地工作 |  |  |  |  |  |
| Sometimes I can’t stop myself from doing something, even if I know it is wrong  有时候我无法克制自己不要去做一些明知道对自己无益的事 |  |  |  |  |  |
| I often act without thinking through all the alternatives  我采取行动前，常常不能充分思考所有可能的选择。 |  |  |  |  |  |

Q44 In general, how would you rate your overall health now?

* Excellent
* Very Good
* Good
* Fair
* Poor

Q44 总体来说，你怎样评估你现在的整体健康状况？

* 极好的
* 非常好
* 好
* 一般
* 不好

Q45 The following concern your general level of stress. We want to know how often you are upset because of something that happened unexpectedly?

Q45 下列内容有关你的整体压力水平。我们想了解你因一些意外发生的事情感到心烦的频繁程度？

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| 请回想最近一个月以来，发生以下各种状况的频率  Please indicate how often the following happen in the last month | 从不 | 偶  尔 | 有时 | 常常 | 总是 |
| How often do you feel that you are unable to control the important things in your life?  感到无法掌控自己生活中的重要事情 |  |  |  |  |  |
| How often are you upset because of something that happened unexpectedly?  因些意外事情的发生而感到心烦意乱 |  |  |  |  |  |
| How often do you feel nervous and "stressed"?  感到精神紧张和有压力 |  |  |  |  |  |
| How often do you successfully deal with irritating life hassles?  成功地处理生活中的烦心事 |  |  |  |  |  |
| How often do you feel that you are effectively coping with important changes that were occurring in your life?  感到自己有效地处理了生活中发生的重要变化 |  |  |  |  |  |
| How often do you feel confident about your ability to handle your personal problems?  对于能处理好自己的事情有信心 |  |  |  |  |  |
| How often do you feel that things are going your way?  感到事情顺心如意 |  |  |  |  |  |
| How often do you find that you cannot cope with all the things that you have to do?  发现自己无法处理必须去做的所有事情 |  |  |  |  |  |
| How often are you able to control irritations in your life?  自己能控制生活中发生的烦心事 |  |  |  |  |  |
| How often do you feel that you were on top of things?  感到一切尽在你的掌控之中 |  |  |  |  |  |
| How often are you angry because of things that happen that are outside of your control?  因发生你掌控之外的事情而生气 |  |  |  |  |  |
| How often do you find yourself thinking about things that you have to accomplish?  发现自己在考虑一些必须完成的事情 |  |  |  |  |  |
| How often are you able to control the way you spend your time?  能掌握自己的时间安排 |  |  |  |  |  |
| How often do you feel difficulties are piling up so high that you could not overcome them?  感到困难堆积如山,致使自己无法克服 |  |  |  |  |  |

Q61 In the next questionnaire, we will ask you about how you feel about your smartphone and your online identity. We will ask you to answer to your agreement in relation to the statements below (from Strongly Disagree to Strongly Agree).

Q61 在下一个问卷中，我们将会询问你对自己的智能手机和网络身份的看法。我们将要求你对以下陈述的同意程度（从强烈不同意到强烈同意）。

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | 强烈不同意 | 不同意 | 既不同意也不反对 | 同意 | 强烈同意 |
| I would feel uncomfortable without constant access to information through my smartphone  智能手机没有持续网络获取信息时我会感到不舒服 |  |  |  |  |  |
| I would be annoyed if I could not look information up on my smartphone when I wanted to do so  如果在我想要在智能手机上查看信息却不能的时候，我会感到烦恼。 |  |  |  |  |  |
| Being unable to get the news (e.g., happenings, weather, etc.) on my smartphone would make me nervous  无法在我的智能手机获取新闻（例如：事件，天气等）会让我感到紧张 |  |  |  |  |  |
| I would be annoyed if I could not use my smartphone and/or its capabilities when I wanted to do so  如果当我需要使用我的智能手机和/或它的功能却不能时，我会感到烦恼 |  |  |  |  |  |
| Running out of battery in my smartphone would scare me  我的手机电池耗尽会让我觉得害怕 |  |  |  |  |  |
| If I were to run out of credits or hit my monthly data limit, I would panic  如果话费或流量快用光了，我会感到恐慌。 |  |  |  |  |  |
| If I did not have a data signal or could not connect to Wi-Fi, then I would constantly check to see if I had a signal or could find a Wi-Fi networ  如果我的手机没有信号或连不上Wi-Fi，我会不断查看是否有信号或能够找到Wi-Fi网络 |  |  |  |  |  |
| If I could not use my smartphone, I would be afraid of getting stranded somewhere  如果我不能使用手机，我怕会遇到麻烦 |  |  |  |  |  |
| If I could not check my smartphone for a while, I would feel a desire to check it  如果一段时间我不能查看我的智能手机，会想要查看一下 |  |  |  |  |  |

Q92 In the next questionnaire, we will ask you about how you feel about your smartphone and your online identity. We will ask you to answer to your agreement in relation to the statements below (from Strongly Disagree to Strongly Agree). In the below, please indicate agreement in relation to the following statement: "If I did not have my smartphone with me..."

Q92 在接下来的问卷中，我们会问你你对智能手机和你的网上身份看法。我们将要求你回答关于以下陈述的同意程度（从强烈不同意到强烈同意）。下面，表明你对如下陈述的同意程度：“假如我没有带手机。。。”。

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | 强烈不同意 | 不同意 | 既不同意也不反对 | 同意 | 强烈同意 |
| I would be worried because my family and/or friends could not reach me  我会担心家人和/或朋友不能联系到我 |  |  |  |  |  |
| I would feel nervous because I would not be able to receive text messages and calls  我会感到紧张，因为我不能收到短信和电话 |  |  |  |  |  |
| I would be anxious because I could not keep in touch with my family and/or friends  我会感到焦虑，因为我不能与我的家人和/或朋友保持联系 |  |  |  |  |  |
| I would be nervous because I could not know if someone had tried to get a hold of me  我会感到紧张，因为我不知道是否有人尝试联系我 |  |  |  |  |  |
| I would feel anxious because my constant connection to my family and friends would be broken  我会感到焦虑，因为我和家人的稳定联系被打破的 |  |  |  |  |  |
| I would be nervous because I would be disconnected from my online identity  我会感到紧张，因为我会断开和我网上身份的连接 |  |  |  |  |  |
| I would be uncomfortable because I could not stay up-to-date with social media and online networks  我会感到不舒服，因为我不能对社交媒体和在线网络保持更新 |  |  |  |  |  |
| I would feel awkward because I could not check my notifications for updates from my connections and online networks  我会感到局促不安，因为我不能从网络上检查好友的更新状态 |  |  |  |  |  |
| I would feel anxious because I could not check my email messages  我会感到焦虑，因为我不能查收我的邮件 |  |  |  |  |  |
| I would feel weird because I would not know what to do  我会感到怪异，因为我不知道该做什么 |  |  |  |  |  |
| I would feel anxious because I could not instantly communicate with my family and/or friends  我会感到焦虑，因为我不能与家人和/或朋友进行即时交流 |  |  |  |  |  |

Q62 The next questionnaire will concern your relationships. We are interested in how you generally experience relationships with other people, not just in what is happening in a current relationship. Respond to each statement by indicating how much you agree or disagree with the statement.

Q62 下一个问卷将会与你的社会关系有关。我们感觉兴趣的是你与他人关系的总体体验如何，而不仅仅是现在所处关系中正发生的情况。通过表明同意或不同意每个陈述的程度进行回答。

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
|  | 完全不同意 | 不同意 | 有点儿不同意 | 中立 | 有点儿同意 | 同意 | 完全同意 |
| I'm afraid that I will lose my partner's love.  我害怕会失去伴侣的爱 |  |  |  |  |  |  |  |
| I often worry that my partner will not want to stay with me.  我经常担心我的伴侣会不想和我在一起 |  |  |  |  |  |  |  |
| I often worry that my partner doesn't really love me.  我经常担心我的伴侣不是真的爱我 |  |  |  |  |  |  |  |
| I worry that romantic partners won’t care about me as much as I care about them.  我担心爱侣不会像我在乎他/她那样在乎我 |  |  |  |  |  |  |  |
| I often wish that my partner's feelings for me were as strong as my feelings for him or her.  我经常希望伴侣对我的感觉就像我对他/她的一样强烈 |  |  |  |  |  |  |  |
| I worry a lot about my relationships.  我对我的社会关系忧虑多多 |  |  |  |  |  |  |  |
| When my partner is out of sight, I worry that he or she might become interested in someone else.  当看不到伴侣时，我会担心他/她可能会对其他人产生兴趣 |  |  |  |  |  |  |  |
| When I show my feelings for romantic partners, I'm afraid they will not feel the same about me.  当我向爱侣表达感受时，我担心他们不会和我有相同的感觉 |  |  |  |  |  |  |  |
| I rarely worry about my partner leaving me.  我很少担心我的伴侣会离开我 |  |  |  |  |  |  |  |
| My romantic partner makes me doubt myself.  我的爱侣让我怀疑我自己 |  |  |  |  |  |  |  |
| I do not often worry about being abandoned.  我并不经常担心被抛弃 |  |  |  |  |  |  |  |
| I find that my partner(s) don't want to get as close as I would like.  我发现我的伴侣（们）不想变得像我喜欢得那样亲密 |  |  |  |  |  |  |  |
| Sometimes romantic partners change their feelings about me for no apparent reason.  有时爱侣没有明显理由地改变他们对我的感情 |  |  |  |  |  |  |  |
| My desire to be very close sometimes scares people away.  我想与人们变得非常亲密的想法有时会把他们吓走 |  |  |  |  |  |  |  |
| I'm afraid that once a romantic partner gets to know me, he or she won't like who I really am.  我害怕一旦爱侣开始了解我，他/她不会喜欢真实的我 |  |  |  |  |  |  |  |
| It makes me mad that I don't get the affection and support I need from my partner.  不能从伴侣那里得到我需要的爱和支持会让我发疯 |  |  |  |  |  |  |  |
| I worry that I won't measure up to other people.  我担心我无法达到他人的要求 |  |  |  |  |  |  |  |
| My partner only seems to notice me when I’m angry.  我的伴侣好像只在我生气时才会注意到我 |  |  |  |  |  |  |  |
| I prefer not to show a partner how I feel deep down.  我倾向于不向伴侣表现出我有多不开心 |  |  |  |  |  |  |  |
| I feel comfortable sharing my private thoughts and feelings with my partner.  与伴侣分享我个人的想法和感受，我感到很舒服。 |  |  |  |  |  |  |  |
| I find it difficult to allow myself to depend on romantic partners.  我发现让我自己去依赖爱侣是很困难的 |  |  |  |  |  |  |  |
| I am very comfortable being close to romantic partners.  和爱侣亲近时我感到非常舒服 |  |  |  |  |  |  |  |
| I don't feel comfortable opening up to romantic partners.  和爱侣敞开心扉，我感到不舒服 |  |  |  |  |  |  |  |
| I prefer not to be too close to romantic partners.  我不喜欢和爱侣太亲近 |  |  |  |  |  |  |  |
| I get uncomfortable when a romantic partner wants to be very close.  当一个爱侣想要变得非常亲密时，我会不舒服 |  |  |  |  |  |  |  |
| I find it relatively easy to get close to my partner.  我觉得亲近伴侣是相对容易的 |  |  |  |  |  |  |  |
| It's not difficult for me to get close to my partner.  与伴侣变得亲密对我来说并不困难 |  |  |  |  |  |  |  |
| I usually discuss my problems and concerns with my partner.  我经常和我的伴侣讨论我的问题和关心的事 |  |  |  |  |  |  |  |
| It helps to turn to my romantic partner in times of need.  在有需要时求助于爱侣很有帮助 |  |  |  |  |  |  |  |
| I tell my partner just about everything.  我把一切都告诉我的伴侣 |  |  |  |  |  |  |  |
| I talk things over with my partner.  我有事时会和伴侣讨论 |  |  |  |  |  |  |  |
| I am nervous when partners get too close to me.  当伴侣和我变得太亲密时，我会紧张 |  |  |  |  |  |  |  |
| I feel comfortable depending on romantic partners.  依赖伴侣时，我感到舒服 |  |  |  |  |  |  |  |
| I find it easy to depend on romantic partners.  我发现很容易去依赖爱侣 |  |  |  |  |  |  |  |
| It's easy for me to be affectionate with my partner.  于我而言，很容易对爱侣充满柔情 |  |  |  |  |  |  |  |
| My partner really understands me and my needs.  我的伴侣真正理解我和我的需求 |  |  |  |  |  |  |  |

Q82 You will now receive a brief questionnaire regarding your emotional life, and specifically, your experiences of nostalgia. According to the Oxford Dictionary, ‘nostalgia’ is defined as a ‘sentimental longing for the past.’ Please indicate how you think about the statements below on a scale from 1 (Not At All) to 7 (Very Much)

Q82 现在你将会看到一份评估你情感生活的简短问卷，具体来说是你的怀旧体验。根据牛津大辞典，“怀旧”被定义为一种“对过往的伤感的渴望”。请根据从1（一点儿也不）到7（非常）的标尺，来表示你对下列陈述的看法。

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
|  | 一点儿也不（1） | （2） | （3） | （4） | （5） | （6） | 非常（7） |
| How valuable is nostalgia for you?  对你来说，怀旧有多大的价值？ |  |  |  |  |  |  |  |
| How important is it for you to bring to mind nostalgic  追怀对你来说有多重要？ |  |  |  |  |  |  |  |
| How significant is it for you to feel nostalgic?  感到怀旧对你来说有多重要的意义？ |  |  |  |  |  |  |  |
| How prone are you to feeling nostalgic?  你有多倾向于怀旧？ |  |  |  |  |  |  |  |
| How often do you experience nostalgia?  你有多经常体验到怀旧？ |  |  |  |  |  |  |  |
| Generally speaking, how often do you bring to mind nostalgic experiences?  一般来说，你有多经常想到怀旧的体验？ |  |  |  |  |  |  |  |

Q83 Specifically, how often do you bring to mind nostalgic experiences?

* At least once a day
* Three to four times a week
* Approximately twice a week
* Approximately once a week
* Once or twice a month
* Once every couple of months
* Once or twice a year

Q83 具体而言，你有多经常有怀旧的体验？

* 每天至少一次
* 一周三到四次
* 大约一周两次
* 大约一周一次
* 每月一到两次
* 每隔几月一次
* 每年一到两次
* Q84 We now want to know a bit more about your experiences of coldness and warmth, and your experiences with other people. Please answer to what extent you disagree or agree with the statements below (from "Strongly Disagree" to "Strongly Agree").

Q84 现在，我们想更多地了解一点关于你对寒冷和温暖的体验，以及你和其他人在一起的体验。请回答在多大程度上你同意或者不同意以下列陈述（从“强烈不同意”到“强烈同意”）。

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | 强烈不同意 | 不同意 | 既不同意也不反对 | 同意 | 强烈同意 |
| I am not sensitive to coldness  我对寒冷不敏感 |  |  |  |  |  |
| I am sensitive to heat  我对高温敏感 |  |  |  |  |  |
| I find cool days pleasant  我觉得凉爽的日子令人愉悦 |  |  |  |  |  |
| I find warm days pleasant  我觉得温暖的日子让人愉悦 |  |  |  |  |  |
| When it is cold, I more quickly turn up the heater than others  当天气寒冷时，我会比其他人更快地打开暖气 |  |  |  |  |  |
| When it is warm, I more quickly want to go to the pool than others  当天气温暖时，我会比其他人更快地想去游泳池 |  |  |  |  |  |
| When it is warm, I wear less clothing than others  当天气炎热时，我会比其他人穿得更少 |  |  |  |  |  |
| When it is cold, I wear more clothing than others  当天气寒冷时，我会比其他人穿得更多 |  |  |  |  |  |
| When I feel cold I get hungry  当我感觉冷时，我会变饿 |  |  |  |  |  |
| When I feel warm I do not want to do anything  当我感到温暖时，我不想做任何事情 |  |  |  |  |  |
| Never feel my hands cold  从没有感觉到我的手冷 |  |  |  |  |  |
| I usually have more physical contact with others than most people  相比于大多数人，我通常和其他人有更多的身体接触 |  |  |  |  |  |
| When people are close to me, I like to be really close to them  当人们与我隔得近时，我喜欢紧挨着他们 |  |  |  |  |  |
| I like to spend time alone  我喜欢独自消磨时间 |  |  |  |  |  |
| I do not like crowded places  我不喜欢拥挤的地方 |  |  |  |  |  |
| I like to meet new friends  我喜欢结交新朋友 |  |  |  |  |  |
| I love to cuddle  我喜爱搂抱 |  |  |  |  |  |
| I like to hug my friends  我喜欢拥抱我的朋友 |  |  |  |  |  |
| When I am with my partner, I feel energized  当和我的伙伴在一起时，我感觉变得有活力 |  |  |  |  |  |
| When I am with my parents, I feel energized  当和我父母在一起时，我感觉变得有活力 |  |  |  |  |  |
| When I am with other people in general, I feel energized  当我和普通的其他人在一起时，我感觉变得有活力 |  |  |  |  |  |
| I feel energized after sharing my emotions with my partner  与伙伴分享我的情绪后，我感觉变得有活力 |  |  |  |  |  |
| I feel energized after sharing my emotions with my parents  当和我的父母分享我的情绪后，我感觉变得有活力 |  |  |  |  |  |
| I feel tired if I think about spending time with my partner  如果想到和我的伙伴一起消磨时间，我会感到累 |  |  |  |  |  |
| I feel tired if I think about spending time with my parents  如果想到和我的父母一起消磨时间，我会感到累 |  |  |  |  |  |
| When my partner is away I feel more vigorous  当我的伙伴离开时，我感觉更加精力充沛 |  |  |  |  |  |

Below you will find a number of questions in relation to your emotional life. Please indicate your agreement on each of the items (from "Strongly Disagree" to "Strongly Agree").

Q90 下面，你会发现一些与你的情感生活有关的问题。请表示你对每一个条目的同意程度（从“强烈不同意”到“强烈同意”）。

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | 强烈不同意 | 不同意 | 既不同意也不反对 | 同意 | 强烈同意 |
| I am often confused about what emotion I am feeling.  我经常对我当前感受的什么情绪感到困惑 |  |  |  |  |  |
| It is difficult for me to find the right words for my feelings.  对我来说，找到正确的词来形容我感受是有困难的 |  |  |  |  |  |
| I have physical sensations that even doctors do not understand.  我有医生都不能理解的身体感受 |  |  |  |  |  |
| I am able to describe my feelings easily.  我能轻松地描述我的感受 |  |  |  |  |  |
| When I am upset, I do not know if I am sad, frightened, or angry.  当我感到烦恼时，我不清楚自己是感到难过，害怕还是生气 |  |  |  |  |  |
| I am often puzzled by sensations in my body.  我经常对我身体里的感觉感到困惑 |  |  |  |  |  |
| I have feelings that I cannot quite identify.  我有自己不能明确识别的感受 |  |  |  |  |  |
| I find it hard to describe how I feel about people  我觉得很难描述我对人们的感觉 |  |  |  |  |  |
| People tell me to describe my feelings more.  人们告诉我去更多地描述自己的感受 |  |  |  |  |  |
| I do not know what’s going on inside me.  我不知道我心里正在想的是什么 |  |  |  |  |  |
| I often do not know why I am angry  我经常不知道为什么我生气 |  |  |  |  |  |
| I prefer to analyze problems rather than just describe them  我倾向于分析问题，而不是只描述他们 |  |  |  |  |  |
| I prefer to just let things happen rather than to understand why they turned out that way.  我倾向于就让事情自然发生，而不是去理解为什么他们会以这种方式发生。 |  |  |  |  |  |
| Being in touch with emotions is essential.  意识到情绪的存在是必要的 |  |  |  |  |  |
| I prefer talking to people about their daily activities rather than their feelings  我倾向于和人们讨论他们的日常活动，而不是他们的感受 |  |  |  |  |  |
| I find examination of my feelings useful in solving personal problems.  我发现检查自己的感受对解决个人问题有帮助 |  |  |  |  |  |

Q85 The questions below concern how much you are attached to your home. Please indicate to what extent you agree with the following statements below (from 1 "Strongly Disagree" to 7 "Strongly Agree")

Q85 下面的问题关系到你对家的依恋程度。请标明你对下列陈述的同意程度（从1“强烈不同意”到7“强烈同意”）。

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | 强烈不同意 | 不同意 | 既不同意也不反对 | 同意 | 强烈同意 |
| My home is a place I can relax  我家是一个我能放松的地方 |  |  |  |  |  |
| I enjoy being with family in my home  我享受和家人一起在家里 |  |  |  |  |  |
| I enjoy the things I do in my home  我享受在家里我做的事情 |  |  |  |  |  |
| I always feel welcomed in my home  在家里，我总感觉受欢迎 |  |  |  |  |  |
| Family makes my home feel like a home  家人让我家感觉像家 |  |  |  |  |  |
| I will miss my home when I move out  当我搬出去的时候，我会像想念我的家 |  |  |  |  |  |
| If I had to move soon, I would feel bad  当我不得不很快搬走时，我感到很不好 |  |  |  |  |  |
| I feel attached to my home  我感觉依恋我家 |  |  |  |  |  |
| I feel like my home is a part of me  我感觉我家就像我的一部分 |  |  |  |  |  |

Q89 We now want to know something about your fluid intake. What was your fluid consumption (number of cups/glasses) per day in the last entire week (on average)? (1 mug = 2 cups, 1 small plastic bottle (0.5 litre) = 4 cups, 1 large plastic bottle (1.5 litres) = 12 cups)

Q89 我们现在想了解一些关于你液体摄入量的事情。你上一整周每天的液体消耗量（杯数）是多少（平均）？（1马克杯=2杯，1小塑料瓶（0.5升）=4杯，1大塑料瓶（1.5升）=12杯）。（如果不理解“生态学的/自然的/生物的”是什么意思，则写“N”）

|  |  |  |
| --- | --- | --- |
|  | Number of cups/glasses  杯的数目 | Ecological/Natural/Biological? (enter Y if so)  是生态学/自然的/生物学的  (如果这样，输入“Y”) |
| Filter Coffee过滤式咖啡 |  |  |
| Instant Coffee速溶咖啡 |  |  |
| Boiled Coffee煮咖啡 |  |  |
| Tea 茶 |  |  |
| Herbal Tea 花草茶 |  |  |
| Coca Cola/Pepsi (etc.)  可口可乐/百事（等） |  |  |
| Other Fizzy Drinks  其他起泡饮料 |  |  |
| Diet Cola/Diet Pepsi (etc.)  健怡可乐/健怡百事（等） |  |  |
| Other Diet Fizzy Drinks  其他健怡起泡饮料 |  |  |
| tap water 自来水 |  |  |
| Bottled Water瓶装水 |  |  |
| Juice/Squash  果汁/带果肉的果汁 |  |  |
| Diet Juice/Squash  健怡果汁/带果肉的果汁 |  |  |
| Milk (skim, low fat, whole)  牛奶（脱脂，低脂，全脂） |  |  |
| Yogurt (all types)  酸奶（全部类型） |  |  |
| Other Types of Cultured Milk  其他类型的酸牛乳 |  |  |
| other  其他 |  |  |

Q63 We will now again ask you for your temperature. Please have your phone, a second sheet of paper, a pen, and your thermometer ready. Once you have these ready, you may proceed to the next page.

Q63 我们现在希望再次测量你的温度。请准备好你的手机、一张空白的纸、笔和口腔温度计。准备好这些后，你可以进行到下一页。

Q64 Please follow these instructions again to take your temperature:

- Make sure your phone is ready to take a picture- Grab a piece of paper, and write a note. On the note, please write today's date, and "#2" (to indicate your first measurement)

- Take the thermometer out of the holder- If it has not been covered, please clean the pointed end with soap and warm water and rinse off with cool water

- With your mouth open, put the covered tip under your tongue

- Close your lips gently around the thermometer

- Keep it under your tongue until the thermometer is ready measuring- Read the temperature and take a picture of the thermometer and your written note

- Upload the picture below (write down your temperature as well; we will ask you to fill it in on the next screen)

Q64 请再次遵循这些指示来测量你的体温：

确保你的手机已经准备好拍照

拿出一张纸做一次记录。在这个记录中，请写上今天的日期和“#2”（表明这是你的第二次测量）

将温度计从容器中取出

如果它的包装不完好，请先用肥皂和热水清洁其尖头，并用冷水冲刷掉（保持其清洁与卫生）

（如果使用水银温度计，请将温度计的计度数甩到35度以下）

张开嘴时，把温度计尖端放到你舌头下面靠后处

轻轻闭上嘴唇包住温度计（如果使用水银温度计，牙齿不要用力咬住温度计）

保持它在你舌头下方直到温度计测量好（至少3分钟，5分钟最佳）

读出体温计，并给温度计和你的手写记录拍一张照片

在下面上传照片（也写下你的温度；我们会要求你在下一个屏幕上填写它）

Q65 What was your core temperature?

Q65 你的核心温度是多少？

Q66 What was your scale of measurement?

* Celsius
* Fahrenheit

Q66 你测量的标准是什么？

* 摄氏度
* 华摄氏度

Q69 In which country did you fill in this questionnaire? Countries are indicated in English.

Q69 你在哪个国家填写这个问卷？国家用英文表示。

* Afghanistan
* Albania
* Algeria
* Andorra
* Angola
* Antigua and Barbuda
* Argentina
* Armenia
* Australia
* Austria
* Azerbaijan
* Bahamas
* Bahrain
* Bangladesh
* Barbados
* Belarus
* Belgium
* Belize
* Benin
* Bhutan
* Bolivia
* Bosnia and Herzegovina
* Botswana
* Brazil
* Brunei Darussalam
* Bulgaria
* Burkina Faso
* Burundi
* Cambodia
* Cameroon
* Canada
* Cape Verde
* Central African Republic
* Chad
* Chile
* China
* Colombia
* Comoros
* Congo, Republic of the...
* Costa Rica
* Côte d'Ivoire
* Croatia
* Cuba
* Cyprus
* Czech Republic
* Democratic People's Republic of Korea
* Democratic Republic of the Congo
* Denmark
* Djibouti
* Dominica
* Dominican Republic
* Ecuador
* Egypt
* El Salvador
* Equatorial Guinea
* Eritrea
* Estonia
* Ethiopia
* Fiji
* Finland
* France
* Gabon
* Gambia
* Georgia
* Germany
* Ghana
* Greece
* Grenada
* Guatemala
* Guinea
* Guinea-Bissau
* Guyana
* Haiti
* Honduras
* Hong Kong (S.A.R.)
* Hungary
* Iceland
* India
* Indonesia
* Iran, Islamic Republic of...
* Iraq
* Ireland
* Israel
* Italy
* Jamaica
* Japan
* Jordan
* Kazakhstan
* Kenya
* Kiribati
* Kuwait
* Kyrgyzstan
* Lao People's Democratic Republic
* Latvia
* Lebanon
* Lesotho
* Liberia
* Libyan Arab Jamahiriya
* Liechtenstein
* Lithuania
* Luxembourg
* Madagascar
* Malawi
* Malaysia
* Maldives
* Mali
* Malta
* Marshall Islands
* Mauritania
* Mauritius
* Mexico
* Micronesia, Federated States of...
* Monaco
* Mongolia
* Montenegro
* Morocco
* Mozambique
* Myanmar
* Namibia
* Nauru
* Nepal
* Netherlands
* New Zealand
* Nicaragua
* Niger
* Nigeria
* Norway
* Oman
* Pakistan
* Palau
* Panama
* Papua New Guinea
* Paraguay
* Peru
* Philippines
* Poland
* Portugal
* Qatar
* Republic of Korea
* Republic of Moldova
* Romania
* Russian Federation
* Rwanda
* Saint Kitts and Nevis
* Saint Lucia
* Saint Vincent and the Grenadines
* Samoa
* San Marino
* Sao Tome and Principe
* Saudi Arabia
* Senegal
* Serbia
* Seychelles
* Sierra Leone
* Singapore
* Slovakia
* Slovenia
* Solomon Islands
* Somalia
* South Africa
* Spain
* Sri Lanka
* Sudan
* Suriname
* Swaziland
* Sweden
* Switzerland
* Syrian Arab Republic
* Tajikistan
* Thailand
* The former Yugoslav Republic of Macedonia
* Timor-Leste
* Togo
* Tonga
* Trinidad and Tobago
* Tunisia
* Turkey
* Turkmenistan
* Tuvalu
* Uganda
* Ukraine
* United Arab Emirates
* United Kingdom of Great Britain and Northern Ireland
* United Republic of Tanzania
* United States of America
* Uruguay
* Uzbekistan
* Vanuatu
* Venezuela, Bolivarian Republic of...
* Viet Nam
* Yemen
* Zambia
* Zimbabwe

Q69 What is the zip or postal code of the location where you filled in this questionnaire? (we will use this to look up weather information of your current location).

Q69 你填写这份表格时所在地的邮编是？（我们会用这个来查询你所处位置的天气信息）

Q70 Do you smoke?

* yes
* no

Q70 你抽烟吗？

* 是
* 否

Q71 How many cigarettes do you smoke a day?

Q71你一天抽多少只烟？

Q72 What kind of oral thermometer did you use?

* Mercury
* Digital
* Glass
* Other

Q72 你用的口腔温度计是什么类型？

* 水银的
* 数字的
* 玻璃的
* 其他

Q73 Did you indeed not drink or eat something warm or cold 10 minutes before measuring your temperature?

* I did not drink or eat something warm or cold
* I did drink or eat something warm or cold

Q73 你确实没有在测量温度前的10分钟之内没有喝或吃热或冷的东西吗？

* 我没有喝或吃热或冷的东西
* 我喝或吃了热或冷的东西

Q77 Did you engage in exercise within 60 minutes prior to measuring your temperature?

* yes
* no

Q77 你在测量你温度前的60分钟之内参加过锻炼了吗？

* 是
* 否

Q74 Are you currently using medication? (we ask this because medication may influence your core temperature)

* yes
* no
* I would rather not say

Q74 你当前正在用药吗？（我们问这个是因为药物可能会影响你的核心温度）

* 是
* 否
* 我不想说

Q75 What type of medication(s) are you using?

Q75 你正在在用哪种类型的药？

Q78 Which is your sex at birth?

* Male
* Female
* Other

Q78 你出生时是哪个性别？

* 男
* 女
* 其他

Q79 Which is your sexual preference?

* Heterosexual
* Homosexual
* Bisexual
* Other

Q79 你的性取向是哪个？

* 异性恋
* 同性恋
* 双性恋
* 其他

Additional quesetion1 :

Are you currently in a romantic relationship?

Yes/No

你目前是否正处于恋爱关系之中？

是

否

Additional quesetion 2:

To what degree do you identify as being monogamous? 1 Not at all - 7 Entirely

你在多大程度上赞同一夫一妻制

1 完全不赞同 2 3 4 5 6 7 完全赞同

Q80 What is your height? (you can fill in feet and inches the following: x.x (e.g., 6.6) and meters and centimeters x.xx (e.g., 1.60))

Q80 你身高是多少？（你可以用英尺英寸填写x.x（例如：6.6）或米厘米x.xx（例如：1.60））

Q81 What is your weight? (either in pounds or in kilograms)

Q81 你的体重是多少？（用英镑或公斤）

Q87 What year were you born?

Q87 你是哪一年出生的？

* 1920
* 1921
* 1922
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* 1994
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* 1997
* 1998
* 1999
* 2000

Identifier:

Please add your identifying number below

**请输入你的常用邮箱（请输入常用的邮箱，以便今后有需要给您反馈或者其他信息）**

Q86 This survey is now finished. Thank you for participating in this study.

This survey was meant to study how core temperature relates to the size and quality of our network, our own individual expectations of the world, and potential compensatory strategies (like consuming sugar, being attached to our smartphone or house). Interestingly enough, in velvet monkeys, larger social networks are related to higher core temperatures. We know that thermoregulation is involved in human social cognition, and this study will contribute to further understanding these links (for a review, see IJzerman et al., 2015).

We think it is unlikely that these questions have caused you to experience pain or discomfort. However, if there are any reasons you may want to discuss the study because of high amounts of discomfort due to the study, please contact the principle investigator, Hans IJzerman, as soon as possible.

In addition, if you would like to withdraw your data from consideration in this study, if you would like to compliment the researchers on the topic, or if you would like more information more generally about our work in this area, feel free to contact Hans IJzerman (h.ijzerman@gmail.com) as well. Thank you!

Q86 现在这个调查完成了。感谢您参与这项研究。

这项调查旨在研究核心温度与我们社交网络的大小和质量、我们自己对这个世界的个人期望以及潜在的补偿策略（像糖的消费，对手机或家的依赖）有什么联系。非常有趣的是，在绒猴中，更大的社交网络与更高的核心温度有关。我们知道温度调节涉及到人类社会认知，并且这项研究会对进一步理解这些联系做出贡献（综述，见IJzerman et al., 2015）。

我们认为这些问题不太可能引起你感到痛苦或者不适。但是，如果你有任何理由因这个研究而引起高度不适，而想讨论这项研究，请联系尽快主要调查人胡传鹏。

此外，如果你想从这项研究中撤回你的数据，如果你想称赞这个问题的研究者，或者如果你想得知这个领域中关于我们工作更加一般的信息，请随时联系（胡传鹏(hcp4715@163.com)）。谢谢！